geographx
mapping the great walks
ABEL TASMAN TRACK
ABEL TASMAN NATIONAL PARK
1:40,000 MAP AND TRACK GUIDE
EDITION 2.0
Award-winning relief mapping
Track notes, elevation and distance graphic
Printed on waterproof, durable, environmentally sustainable 'Rockstock' paper
PLUS Golden Bay Tasman Bay 3D Map
potton & burton
KEY:
waterfall
cave, rock outcrop
suspension bridge
viewpoint
water taxi
telephone
toilet
historic site
campsite
shelter
DOC standard hut
DOC great walk hut
private lodge
visitor centre
Abel Tasman Coast Track
trail or route
state highway
other road
Abel Tasman NP
Kahurangi NP
marine reserve
Scale 1:40,000
Version 2.0
August 2016
One kilometre grid
All elevations in metres amsl
NZ Transverse Mercator projection
The vertical interval between contours is 40 m
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TRACK NOTES: (walk times are approximate only)
Marahau to Anchorage Hut (12.2 km, 4 hours)
Cross the causeway and follow the coast round to Tinline Bay, Guilbert Point and Apple Tree Bay. After Yellow Point the track climbs and heads inland, winding around gullies until the ridge is crested and Torrent Bay opens up below. Descend to the Anchorage Hut.
Anchorage Hut to Bark Bay Hut (12.0 km, 4 hours)
If you time your departure to cross the low ridge and arrive at Torrent Bay within 2 hours either side of low tide you can wade the estuary and shave an hour (and 3.7 km) off the journey. Alternatively take the all-weather track around Torrent Bay. The track then climbs and sidles around two streams draining to Frenchman Bay before descending to the Falls River suspension bridge. A further stretch meanders through bush over South Head before heading back down to the coast and following it around to the estuary and the Bark Bay Hut.
Bark Bay Hut to Awaroa Hut (12.0 km, 3½ hours)
Follow around the estuary shore (or take a short cut at low tide) and then climb steeply inland before a gradual descent again to the coast at Tonga Quarry. Continue around the beach to Onetahuti Bay where a newly aligned section of track now saves you having to tackle the tidal stream. Climb over Tonga Saddle, descend to Awaroa and follow the coast around to the Awaroa Hut.
Awaroa Hut to Totaranui (6 km, 2½ hours)
Plan your departure because Awaroa Inlet can only be crossed up to 1.5 hours before low tide and 2 hours after it. Once across the estuary, the track crosses a low saddle and descends to Waharakeke Bay, climbing again around to Goat Bay, and again, more steeply this time, over Skinner Point (this a track alignment to skirt a landslide). Once back down on the coast it is an easy walk along to Totaranui.
Totaranui to Whariwharangi Hut (7.2 km, 3 hours)
After Totaranui, cross a low saddle and wind through the bush to Anapai Bay. A succession of sandy beaches and rocky headlands brings you to Mutton Cove, where the track then climbs inland and crosses a saddle to look down on Whariwharangi Bay. The descent zigzags down to the Whariwharangi Hut, situated just back from the beach.
Whariwharangi Hut to Wainui Bay (5.0 km, 1½ hours)
The track follows up a stream and gradually climbs to the highest point on the track. A saddle opens up Wainui Bay below. The track now descends right down to the coast. Follow the estuary until the carpark and end of the track.
Side excursion to Te Pukatea Bay & Pitt Head (1½ hours)
Cross a low ridge from Anchorage Hut to overlook Te Pukatea Bay. From here it is a 1 hour return trip out to Pitt Head, an old Māori pā site.
Side excursion to Cleopatras Pool (20 min)
A walk up the Torrent riverbed leads to a good swimming hole.
Side excursion to Separation Point (1 hour)
Continue on along the coast at Mutton Cove and climb gradually until you look down on Separation Point where there is a NZ fur seal breeding colony. A short cut rejoins the main track at the saddle overlooking Whariwharangi Bay.
Golden Bay
Tasman Bay
Awaroa Bay
Tonga Is.
Adele Is.
Marahau
KAITERITERI
TAKAKA
ABEL TASMAN NATIONAL PARK
PIKIKIRUNA RANGE
MOTUEKA FOREST
KAHURANGI NATIONAL PARK
ELEVATION & DISTANCE:
Total length Abel Tasman Coast Track 54.4 km
CLIMATE: Nelson
Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec
Average Temperature °C 18 18 16 13 10 8 7 8 10 12 14 16
Average Rainfall mm 76 63 71 81 82 93 78 82 85 87 78 84
Average Rain Days 7 6 7 7 7 8 8 9 10 9 8 9
Average Humidity % 75 78 80 83 88 90 90 87 80 77 74 74